

# Samiwellness® day tour

Available 2024-25

Rates valid May 1 2024 - April 30 2025



Photo: Jove Guttorm

Another start of your day. Open your eyes and explore the nature, listen to the heart of the Arctic.

In a peaceful surrounding we learn more about Sami traditional thinking while we ourselves take part and experience the landscape. Nature wellness in a Sami way.

Photo: Jove Guttorm

The Sami people are a lot in nature, therefore mindfulness is a part of life. The connection with nature, together with the colorful Sami history has formed the Sami traditions and traditional knowledge. This creates a feeling of thankfulness to the earth and nature.

Our Sami guides invites you to walk in the beautiful landscape, learning more about Sami life and history while guiding you to listen to the silence. On the right spot we make a fire to get closer to our inner voices.

Your guide gives you a day to see the area with new eyes, opening the door to Sami myths, stories and chants, learning about the Arctic animals and nature.

**Price:** SEK 1,290/person. Private group SEK 5,990 max 3 pers. Add on extra participants SEK 1,290/pers.

**The price includes:** Pick-up from Icehotel, Kiruna tourist office or Camp Ripan, covering clothes and shoes, hot drink and cake and Sami wellness guide.

We recommend you to prepare with warm clothes, gloves and a hat. You need to be able to walk at least 300 m along a hiking trail or snowmobile track.

**Participants:** Minimum 2 persons, max 8.

**Departure:** Available daily, 8.30-12.30am.

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More information about the tours, cancellation policy and our sustainability work available on our web.

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\*If you are allergic, please let us know at booking. It is good to know that reindeer skins and dogs are common in the cars and on locations.